

## SKA / WUKF SCOTTISH OPEN CHAMPIONSHIPS 2010

Date – Saturday 2<sup>nd</sup> October

Venue - Citadel Leisure Centre ,South Harbour ,Ayr

Time - 12.00 - 5.00 pm ( doors open 11.30 pm )

Entry fee - individual competitors £ 8 per person per event  
team entries £12 per team per event

Prizes - there will be a special Olympic style medal for the first 3 places in both individual and team events ( kata and kumite )

Rules - WUKF kata points system ,contestants chose there own kata . There will be a minimum of 2 rounds and scores from the final 2 rounds will be added

Kumite - WUKF shobu –ippon

Team kata – 3 players per team. One child can compete in an adult team kata

Team kumite- mixed teams of 2 males and 1 female ( the females face each other )

Rotation team kumite – all male or all female teams ( cadets aged 16 & 17 can enter team rotation ) ( a kumite team can enter with a minimum of 2 players)

Children are aged 5-14 years ( on the day ) cadets are 15-17 years ( on the day ) adults are 18-35 years ( on the day ) and veterans are 36 years and over ( on the day )

In childrens kumite all events aged 5-10 years there is no contact permitted to the head ,face ,neck area.

Equipment permitted - everybody , white and /or red PU karate hand pads and except for children aged 10 years and under ,gum shields. Red and white belts

Female age 15 + chest guards Male aged 15+ groin guards ( both of these are also advised for competitors 11 years + ) use of shin pads is optional ( no insteps )

Judges & referees must wear a navy blazer ,grey trousers ,white shirt and suitable tie. They should bring a whistle

Coaches must wear a tracksuit ,with trousers to the ankles .The top should have a club name badge or logo on it . A polo shirt or t-shirt with the club name etc will be permitted . Competitors can not coach at an event were they have competed.Only named coaches will be permitted to coach

( exception is team rotation WHERE teams must have a coach and a competitor who is not part of the team will be allowed to coach BUT they must wear a track suit )

Entry forms – must be returned by –email ( if possible ) or by post by Thursday 30<sup>th</sup> September Fees can be paid on the day

Spectators are welcome and there are canteen facalities at Citadel

Photographs – Photographs or videos are not permitted . There will be a photographer there and all pictures will be sent to all competing clubs via e-mail

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