



## Scottish Karate Alliance Shobu-ippō Championships 2010

date – Saturday 27<sup>th</sup> March

venue - ARDLER COMPLEX , TURNBERRY AVENUE , DUNDEE DD2 3TP

time - 12 .00 - 5 .00 pm ( doors open 11.30 am )

entry fee - individual competitors £ 7.50 ( this includes kata & kumite )  
team entries £15 per team per event

prizes - there will be a medal for the first 3 places in both individual and team kata & kumite

rules - kata points system ,contestants chose there own kata . There will be a minimum of 2 rounds and scores from the final 2 rounds will be added

kumite - shobu –ippō

team kata – 3 players per team children can compete in adult team sections

team kumite- mixed teams of 2 males and 1 female ( the females face each other )

( a kumite team can enter with a minimum of 2 players)

As with the ideology and spirit of karate-do any competitors who are not in a team will ,if they want , be entered in “ wildcard teams “ .These teams will have a free entry but will be selected ad random by the organiser and not subject to change .

equipment permitted - everybody , white and /or red PU karate hand pads and except for children aged 10 years and under gum shields. Red and white belts

Female age 15 + chest guards Male aged 15+ groin guards ( both of these are also advised for competitors 11 years + )

Optional shin pads

Judges & referees must wear a navy blazer ,grey trousers ,white shirt and suitable tie. They should bring a whistle

Coaches must wear a tracksuit ,with trousers to the ankles .The top should have a club name badge or logo on it . A polo shirt or t-shirt with the club name etc will be permitted . Competitors can not coach at an event were they have competed.

Entry forms – must be returned by –email ( if possible ) or by post by Thursday 25<sup>th</sup> March Fees can be paid on the day

Spectators are welcome ,there will be canteen facilities available .

Photographs – Photographs or videos are not permitted . There will be a photographer there and all pictures will be sent to all competing clubs .

One photographer will be permitted from each club but they must have an enhanced Disclosure Scotland Clearance form which is no longer than one year old. This form must be shown to the organiser .